

## Student-Faculty Lunchtime Conversations

Psi Chi and the Department of Psychology are hosting a series of noontime lunches giving undergraduates an opportunity to talk with faculty about career paths, what the life of a professor is really like, how faculty view undergraduate teaching, and many other possible topics.

Each lunch group will be one professor and 6 undergraduate Psychology majors (3 Psi Chi and 3 non-Psi Chi Psych majors). Students can sign up for as many lunches as they desire, but you are not allowed to attend more than one lunch during the semester. For Psi Chi members, attending a lunch can count as **one of the three required meeting points for the semester**.

If you are interested in attending a lunch, please send an email to [agnesmvarghese@gmail.com](mailto:agnesmvarghese@gmail.com) with “**Student-Faculty Lunchtime Entry**” in the subject line and include in the text which lunch you are requesting, your name, email address, phone number, and whether or not you are a member of Psi Chi.

Some rules before signing up:

- 1) Students may not sign up for lunch with a faculty member if they already work in his/her lab.
- 2) If you opt to attend the lunch, but do not show up, you will be charged the cost of your plate at the lunch.

***The last lunch of the semester will be:***

### **Wednesday, May 6th - Dr. Nazish Salahuddin (Counseling)**

Dr. Salahuddin has been at UMD since the start of her college career. Her B.A. in PSYC (with Women's Studies) led her to a Masters and a Ph.D. in counseling psychology with Dr. O'Brien as her mentor. Dr. Salahuddin has very successfully followed a career path that integrates research, teaching, academic innovation, public service, and a private practice (she's a licensed psychologist). Her success clearly demonstrates that the standard Ph.D. → postdoc → research professor is only one of many possible paths to professional accomplishment, satisfaction, and important contributions.

Dr. Salahuddin's core interest is in social justice in the broadest sense. This spans both cultural and gender issues and focuses on the effects of injustice - discrimination, aggression, and violence. She is an expert on sexual and domestic violence and on child abuse. In 2010, she created the VTT Certificate Program that trains professionals to work with survivors of violence, torture, and trauma. As Academic Director of that program she has worked with the Department of Homeland Security, the Public Health Service, and other government agencies concerned with helping trauma survivors.

'Dr. Naz' is one of our most popular and effective teachers. Her courses cover counseling psychology, psychology of women, recovery from torture and trauma, and cross-cultural

psychology. In 2013 she developed the highly creative and popular I-course called 'Living the Good Life: the Psychology of Happiness.'

Dr. Salahuddin relaxes through hiking, traveling, reading, and spending time with friends and family. Most of all, she relishes the constant laughter provided by her three hilarious little girls.